



Office of the
PRINCIPAL

Gujranwala Medical College / Teaching Hospital, Gujranwala
(Constituent College of University of Health Sciences)

Phone # 055-6705803 Fax # 055-6705814 E-mail. principal@gmcg.edu.pk

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STUDENT HEALTH POLICY

1. Purpose and Scope

The purpose of this policy is to ensure the physical and mental well-being of all undergraduate medical students enrolled at Gujranwala Medical College (GMC). This policy outlines the health facilities, preventive care, and emergency services available to students through GMC and its affiliated teaching hospitals.

2. General Health & Outpatient Services (OPD)

GMC is committed to providing accessible basic healthcare for all its enrolled students.

- **Free Consultation:** Students presenting their valid GMC ID card are entitled to free medical consultations with institutional medical officers and consultants.
- **Basic Diagnostics and Medications:** Basic laboratory investigations and essential medicines available within the hospital pharmacy will be provided to the students free of charge.
- Immediate, 24/7 access to the hospital's Emergency Department is guaranteed for any student experiencing a needle stick injury or accidental exposure to infectious fluids.

3. Emergency & Inpatient Care (Hospitalization)



- **24/7 Emergency Care:** Students requiring urgent medical attention have prioritized, free-of-cost access to the Emergency Department of the GMC-affiliated teaching hospital at all times.
- **Inpatient Admission:** In the event that a student requires hospitalization, a dedicated bed or priority admission in the hospital's private/semi-private ward (subject to availability) will be provided.
- **Cost Exemption:** Bed charges and procedural fees for admitted students will be waived. However, expensive specialized implants or out-of-formulary medicines may need to be borne by the student.

4. Student Leaves and Medical Certification

- **Medical Leave Policy:** If a student is unwell and unable to attend classes or clinical duties, they must notify the Student section.
- **Medical Certificates:** For sick leaves exceeding three days, a medical certificate issued or countersigned by a designated Assistant professor or Consultant at the GMC-affiliated hospital is required.
- **Fitness to Return:** Following a prolonged illness or contagious disease (e.g., Tuberculosis, severe COVID-19, etc.), the student must obtain a "Fitness to Return" certificate from the hospital to ensure the safety of peers and patients.

5. Responsibilities of the Student

- **Health Declarations:** Students must honestly disclose any pre-existing medical conditions or allergies at the time of admission to ensure appropriate care in emergencies.
- **Adherence to Safety Protocols:** Students must strictly follow all Infection Prevention and Control (IPC) guidelines, utilize provided Personal Protective Equipment (PPE) during clinical rotations, and immediately report any clinical accidents (like NSI) to their supervisor.
- **Access to medical record of the medical student:** Only authorized person from student section or a faculty member can access medical record to verify the health needs.


PROF. DR. M. HAROON HAMID
 MBBS, FCPS, MRCP, FRCP
Neonatal Fellowship (RCPC, UK), MSc Medical Education
PRINCIPAL 
 Gujranwala Medical College
 & Allied Teaching Hospitals, Gujranwala

Copy forwarded to the following:-

1. The Medical Superintendents, Allied Teaching Hospitals, Gujranwala.
2. The Director, Post Graduate Medical Education, GMC, Gujranwala.
3. The Director, Under Graduate Medical Education, GMC, Gujranwala.
4. The PSO to Principal, GMC, Gujranwala.
5. The Director Administration, GMC, Gujranwala.
6. Office File