

**9th week Time Table for MSK BLOCK 1<sup>st</sup> Year MBBS (27 July-1 Aug , 2026)**

<b>DAYS</b>	<b>8:00 to 09:30</b>	<b>9:30 to 10:00</b>	<b>10:00 to 11:00</b>	<b>11:00 to 12:00</b>	<b>12:00 to 1:00</b>	<b>1:00 to 2:00</b>
<b>MONDAY 27-07-26</b>	<b>ASSESSMENT WEEK</b>					
<b>Tuesday 28-07-26</b>						
<b>Wednesday 29-07-26</b>						
<b>Thursday 30-07-26</b>						
<b>Friday 31-07-26</b>						
<b>Saturday 01-08-26</b>						

**Block -03: Cardiovascular Module**  
**1st Week Timetable for 1<sup>st</sup> year MBBS, GMC, {3-8-aug-2026}**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 3-8-2026	<b>Physio Practical (A)</b> Recording ECG Dr saniya CV-P-018 <b>BIO Practical (B)</b> serum LDH dr Hifza <b>Histology</b> veins and capillaries Batch-C Dr Kashif	Tea Break	<b>Anatomy histology</b> Capillaries and heart Dr Bareera.	<b>Biochemistry</b> Lipoproteins Cv-B-005 Prof dr uzma/ dr Fareeha Cheema	<b>Physiology</b> ECG-2 Dr. Khadija CV-P-004	<b>Physiology</b> ECG-3 Dr. Khadija CV-P-004
Tuesday 4-8-2026	<b>Physio Practical (B)</b> Recording ECG Dr saniya CV-P-018 <b>Bio Practical (C)</b> serum LDH dr Hifza histology Batch-A <b>Histology</b> veins and capillaries. Dr Kashif		<b>Aging(medicine)</b> effect of aging on valvular system & neural conduction of the heart CV-AG-003+004 Dr. Faizan	<b>Pathology</b> Ischemic heart disease  Dr. Ayesha hameed CV-Pa-006	<b>Biochemistry lecture</b> Vitamins CV-B -008  Dr Fauzia	<b>Physiology lecture</b> Cardiac cycle-3  CV-P-001 Prof. Dr. Rizwana Hussain
Wednesday 5-8-2026	<b>Physio Practical (C)</b> Recording ECG Dr saniya CV-P-018 <b>Bio Practical (A)</b> serum LDH DR Hifza histology Batch-B <b>Histology</b> veins and capillaries. Dr Kashif		<b>Physiology SGD</b> Under supervision of Dr. Rizwana Hussain	<b>Physiology SGD</b> Under supervision of Dr. Rizwana Hussain	<b>Community Medicine</b> Primordial prevention & CVS diseases-1&2 CM-002 Dr. Zara Zaheer	
Thursday 6-8-2026	<b>Gross Anatomy</b> <b>Diaphragm</b> Dr Amna shad		<b>Anatomy Embryology</b> <b>Development of CVS</b>  Dr Sadia Hassan	<b>Biochemistry</b> Lipoproteins II CV-B-005  Prof dr uzma/ dr Fareeha Cheema	<b>Biochemistry SGD</b> Under supervision of Dr.Uzma	
Friday 7-8-26	<b>Gross Anatomy</b> Azygous vein hemiazygos and esophagus Dr Amna shad		<b>PERL ( psychiatry dept)</b> ethics Justice in resource allocation Dr. Khurram	<b>CFRC</b> Pulse and JVP examination Dr. Faizan		
Saturday 8-8-2026	<b>Gross anatomy</b> Heart Dr Bareera		<b>Anatomy gross</b> Heart Dr Bareera	<b>SDL/PBL physiology</b>  <b>Under supervision of Dr. Rizwana Hussain</b>		<b>Biochemistry lecture</b> Vitamins CV-B -008 Dr Fauzia

**2nd Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, [10 -14 Aug, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 10-8-26	<b>Physio Practical (A)</b> To determine (JVP) Dr. Saniya <b>Bio Practical (B) cardiac enzymes interpretation</b> dr Hifza <b>Histology practical.</b> Cardiac muscle and revision of CVS. <b>dr Kashif</b>	Tea Break	<b>Physiology</b> autonomic regulation of heart CV-P-002 Dr. Rizwana Faisal	<b>Biochemistry</b> Minerals CV-B-006 Dr Shamona	<b>Community medicine</b> Health promotion CVS Dr zara zaheer	<b>SDL</b>
Tuesday 11-8-26	<b>Physio Practical (B)</b> To determine(JVP Dr. Saniya <b>Bio Practical (C) cardiac enzymes interpretation</b> dr Hifza <b>Histology practical (A).</b> Cardiac muscle and revision of CVS. <b>dr Kashif</b>		<b>Biochemistry</b> Vitamins CV-B-005 Prof dr uzma/ dr Fauzia	<b>Physiology lecture</b> sympathatic& parasympathetic effects on heart CV-P-002 dr. Saniya	<b>Anatomy</b> Histology of upper respiratory system Dr Bareera	<b>Community medicine</b> CVS diseases CV-CN-006 Dr. Aqib
Wednesday 12-8-26	<b>Physio Practical (C)</b> To determine (JVP) Dr. Saniya <b>Bio Practical (A)</b> cardiac enzymes interpretation dr Hifza <b>Histology practical (Batch-B).</b> Cardiac muscle and revision of CVS. <b>dr Kashif</b>		<b>Physiology lecture</b> Arrhythmia, fibrillation, flutter, CV-P-006 Dr. Tayyab	<b>Pharmacology</b> Anti-arrhythmic drugs Dr sana/ Dr zainab CV-Ph-003	<b>Physiology SGD</b> <b>Supervised by Prof. Dr. Rizwana Hussain</b>	
Thursday 13-8-26	<b>Gross Anatomy</b> Superior vena cava, aorta Dr Bareera		<b>Anatomy</b> Trachea esophagus. Dr Bareera.	<b>SGD Biochemistry</b> Under supervision of Dr Uzma	<b>Physiology</b> Nervous regulation CV-P-010 Prof. Rizwana	<b>SDL</b>
Friday 14-8-26			<b>INDEPENDENCE DAY Holiday</b>			
1Saturday 15-8-26	Anatomy Pleura Dr Amna Shad		<b>Integrated cardiology</b> ECG & ectopic pacemaker Dr. Sohail			

**3<sup>rd</sup> Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, (17-21 Aug, 2026)**

<b>Days</b>	<b>8:00-9:30</b>	<b>9:30-10:00</b>	<b>10:00-11:00</b>	<b>11:00-12:00</b>	<b>12:00-01:00</b>	<b>1:00-2:00</b>
Monday 17-8-26	<b>Physio Practical (A)</b> examination of chest for heart sounds Dr. Amna <b>BioPractical (B)SDL Histology practical (C)epiglottis. dr Kashif</b>	Tea Break	<b>Physiology lecture</b> <b>ECG- 4</b> <b>CV-P-004</b> <b>Dr. Khadija</b>	<b>Anatomy embryology</b> Development of CVS Dr Sadia Hassan.	<b>Biochemistry</b> Minerals (CV-B-006) Prof dr Uzma/ dr Shamona	<b>Community Medicine</b> Behavioral change intervention CV-CM-004 Dr zara zaheer
Tuesday 18-8-26	<b>Physio Practical (B)</b> examination of chest for heart sounds dr. Amna <b>Bio Practical (C ) SDL</b> <b>Histology practical (A) epiglottis. dr Kashif</b>		<b>Anatomy histology</b> Epiglottis, trachea Dr Bareera	<b>Olympiad</b>		
Wednesday 19-8-26	<b>Physio Practical (C)</b> Examination of chest for heart sounds Dr. Amna <b>Bio Practical (A) SDL</b> <b>Histology practical (B) epiglottis. dr Kashif</b>		<b>Integrated medicine</b> Ischemic heart diseases Dr. Faizan CV-Pa-006	<b>Olympiad</b>		
Thursday 20-8-26	Gross Anatomy Lungs Dr Amna Shad		<b>PERL( research)</b> Citiquing scientific article via general club meetings Dr. Sadia Yaseen	<b>Olympiad</b>		
Friday 21-8-28	Gross anatomy Joints of thorax Dr Naimat		<b>Behavioral science</b> Personal, psychosocial & vocational aspects of cardiovascular disease Dr. Tayaaba CV-BhS-001	<b>Olympiad</b>		
Saturday 22-08-26	Gross anatomy Joints of thorax Dr Naimat		<b>Physiology</b> Nervous regulation CV-P-010 Prof. Rizwana	<b>Integrated medicine</b> Ischemic heart diseases Dr. Faizan		

**4th Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, [24-29, Aug, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
<b>Monday 24-8-2026</b>	<b>Physio</b> (batch-A) measuring BP dr. Imran Butt <b>Biochemistry</b> (batch-B) Ph meter dr Shamona <b>Histology</b> (Batch-C) trachea Dr Kashif	<b>Tea Break</b>	<b>Biochemistry</b> Electrolytes & buffer RE-B-003 dr Adnan	<b>Physiology</b> basic principles of circulation, CV-P-007 Prof. Rizwana Hussain	<b>Physiology</b> Functions of arterial & venous circulation CV-P-007 Prof. Rizwana Hussain	<b>Community Medicine</b> Behaviour change approaches (CV-CM-004) dr. Zara
<b>Tuesday 25-8-2026</b>	<b>Physio</b> (batch-B) measuring BP dr. Imran Butt <b>Biochemistry</b> (batch-C) Ph meter dr Shamona <b>Histology</b> (Batch-A) trachea Dr Kashif		<b>Biochemistry</b> Minerals CV-B-006 Dr Shamona	<b>Physiology</b> Rapid control of Blood pressure-1 CV-P-011 dr. Usman	<b>Community medicine</b> prevention of CVD CV-CM-005 Dr Zara	<b>Clinically integrated Gynecology and obstetrics</b> Protective role of female hormone against CVS diseases(CV-Ag-005) Dr. Fatima
<b>Wednesday 26-8-2026</b>	<b>Physio</b> (batch-C) measuring BP dr. Imran Butt <b>Biochemistry</b> (batch-A) Ph meter dr Shamona <b>Histology</b> (Batch-B) trachea Dr Kashif		<b>Physiology lecture</b> Rapid control of Blood pressure-2 CV-P-011 Dr. Usman	<b>Biochemistry</b> ECM Re-B003 Dr Adnan	<b>Physiology SGD Dr. Rizwana, Dr. Amna, Dr. Imran,Dr. Saniya Supervised by Prof.dr.Rizwana Hussain</b>	
<b>Thursday 27-8-2026</b>	<b>Gross Anatomy</b> Thoracic sympathetic chain, thoracic duct Dr naimat		<b>Integrated with medicine</b> Hypertension CV-Pa-003 Dr Faizan	<b>Anatomy embryology</b> Development of cvs Dr Sadia Hassan	<b>PBL session I Cardiovascular module</b>	
<b>Friday 28-8-2026</b>	<b>Gross anatomy</b> Revision of Thorax on models Dr Amna shad		<b>PERL</b> ( leadership by DME) Feedback :asking & receiving Dr. Zain Hafsa	<b>Beh. Science</b> Emotional fainting CV-BhS-002 Dr. Khurram		
<b>Saturday 29-8-2026</b>	<b>CSIM</b> ( medicine) Cervical & axillary lymph node examination Dr. Faizan		<b>Pharmacology</b> Anti hypertensive drugs CV-Ph-001 Dr Sana/dr zainab	<b>Histology</b> Microscopic anatomy of pharynx, larynx epiglottis and trachea Dr Bareera	<b>FORMATIVE ASSESSMENT PHYSIOLOGY</b>	

**5th Week TIME TABLE FOR 1st YEAR MBBS, GMC, [31 Aug- 5 September, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 31-8-2026	Physio (A) measuring BP Dr. Imran Butt Biochem practical(B) SDL Histology(C) Lungs: Dr.Kashif	Tea Break	<b>Physiology Lecture</b> Nervous regulation of circulation CV-P-010 Dr Amna Imran( sen. Demo)	<b>Anatomy lecture</b> Development of CVS Dr.Sadia Hassan	<b>Biochemistry</b> Role of kidney in acid base balance RE-B-009 Dr Adnan	<b>Community Medicine</b> Identifying risk factors for CVD diseases (CV-CM-007) Dr Zara Zaheer( sen. Demo)
Tuesday 1-9-2026	Physio (B) measuring BP Dr. Imran Butt Bio Practical (C) SDL Histology (Batch-A) Lungs: Dr.Kashif		<b>Physiology Lecture</b> Long term regulation of BP CV-P-012 Dr. Ummara Yousaf ( demo)	<b>Integrated cardiology;</b> Arrythmias Dr. Sohail	<b>Physiology SGD Dr. Rizwana, Dr. Amna, Dr. Imran,Dr. Saniya Supervised by Prof. Rizwana Hussain</b>	
Wednesday 2-9-2026	Physio (C) measuring BP Dr. Imran Butt Bio Practical(A) SDL Histology (Batch-B) Lungs: Dr.Kashif		<b>Physiology Lecture</b> Skeletal muscle circulation & CVS changes during exercise CV-P-014 Dr. Saniya ( demo)	<b>Biochemistry lecture</b> Vitamins Cv- Dr Fauzia	<b>Biochemistry ; PBL SECOND SESSION</b>	
Thursday 3-9-2026	Gross Anatomy Dr.Naimat		<b>Physiology Lecture</b> Microcirculation-2 CV-P-008 Dr. Ummara yousaf( demo)	<b>Anatomy Histology</b> Lungs Dr.Bareera Naveed	<b>SDL</b>	
Friday 4-9-2026	Gross anatomy Dr.Naimat		<b>CSIM</b> Examination for edema Dr. Faizan			
Saturday 5-9-2026	<b>SDL</b>		<b>Anatomy</b> Formative assessment of histology Dr.Bareera Naveed	<b>Physiology Lecture</b> Microcirculation- edema CV-P-010 Dr. Ummara	<b>Biochemistry</b> Defence mechanism in acid base balance Re-B-010 Prof.Uzma Imran	<b>SDL</b>

**6<sup>th</sup> Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, [7-12, September, 2026]**

<b>Days</b>	<b>8:00-9:30</b>	
<b>Monday 7-9-26</b>	<b>Opening Ceremony of Sports week</b>	
<b>Tuesday 8-9-26</b>	<b>Physio Practical (B)</b> Examination of pulse( revision) Dr. Amna <b>Anatomy histology(A)</b> practical revision Dr. Kashif Basheer  <b>Biochem practical SDL</b>	<b>Sports week</b>
<b>Wednesday 9-9-26</b>	<b>Physio Practical (C)</b> examination of pulse( revision) Dr. Amna <b>Anatomy histology (B)</b> practical revision Dr. Kashif Basheer <b>Biochem practical SDL</b>	<b>Sports week</b>
<b>Thursday 10-9-26</b>	<b>Anatomy SDL</b>	<b>Sports week</b>
<b>Friday 11-9-26</b>	<b>Anatomy SDL</b>	<b>Sports week</b>
<b>Saturday 12-9-26</b>	<b>Closing Ceremony of Sports week</b>	

**7th Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, [14-19, Sep, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00	
Monday 14-9-26	Physio (A) determine effect of exercise & posture on BP CV-P-019 Dr. Imran Butt Biochem (B) interpretation of acid base balance dr Nooria Histology (C) revision Dr. Kashif Basheer	Tea Break	<b>Anatomy embryolgy lecture</b> Development of venous system Prof. Dr. Rizwana Jafri	<b>Biochemistry</b> Defence mechanism in acid base balance Re-B-010 1 Prof.Dr Uzma Jabbar	<b>Community Medicine</b> Primary interventions to prevent risk factors in community(CV-CM-007) Dr zara zaheer	<b>SDL</b>	
Tuesday 15-9-26	Physio (B) determine effect of exercise & posture on BP CV-P-019 Dr. Imran Butt Biochem (C) interpretation of acid base balance dr Nooria Histology(A) revision Dr. Kashif Basheer		<b>Biochemistry</b> Defence mechanism in acid base balance Re-B-010 2 Prof.Dr Uzma Jabbar	<b>Physiology Lecture</b> Coronary circulation, MI& angina ( CV-P-015) Dr Saniya ( demo)	<b>Clinically integrated with cardiology</b> Heart Blocks Dr. Sohail	<b>SDL</b>	
Wednesday 16-9-26	Physio (C) determine effect of exercise & posture on BP CV-P-019 Dr. Imran Butt Biochem (A) interpretation of acid base balance dr Nooria Histology (B) revision Dr. Kashif Basheer		<b>Anatomy SDL</b>	<b>Physiology Lecture</b> Cerebral & cutaneous circulation Dr. Rizwana Faisal ( APWMO)	<b>Physiology SGD</b> Dr. Rizwana, Dr. Amna, Dr. Imran,,Dr. Saniya Supervised by Prof.Rizwana Hussain		
Thursday 17-9-26	Gross Anatomy SDL		<b>Physiology Lecture</b> Fetal & pulmonary circulation Dr. Rizwana Faisal ( APWMO)	<b>Anatomy embryolgy lecture</b> Development of respiratory system Prof. Dr. Rizwana	<b>Biochemistry FORMATIVE ASSESSMENT</b>		
Friday 18-9-26	Gross anatomy SDL		<b>SDL</b>				
Saturday 19-9-26	<b>Gross anatomy</b> SDL		<b>Physiology Lecture</b> Cardiac output & venous return CV-P-013 Prof. Dr. Rizwana Hussain	<b>Integrated with medicine</b> Cardiac output & cardiac failure Dr Faizan	<b>Formative Assessment-2 ( By Physiology department)</b>		

### 8th Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, (21-26 Sep, 2026]

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 21-9-26	Physio (A) Clinical examination of chest/Finger pulse oximeter Dr.Amna Histology (Revision) Dr. Kashif	Tea Break	<b>Physiology Lecture</b> Heart sounds-1 CV-P-017 Dr. Amna imran( sen. Demo)	<b>Biochemistry</b>  Defence mechanism in acid base balance Re-B-010 2  Prof.Dr Uzma Jabbar	<b>Physiology lecture</b> Mechanics of respiration, work of breathing Dr.Tayyab R-P-001	<b>Community Medicine</b> <b>Formative assessment</b> <b>Dr zara zaheer</b>
Tuesday 22-9-26	Physio (B) Clinical examination of chest/Finger pulse oximeter Dr.Amna Histology (Revision) Dr. Kashif		<b>Physiology Lecture</b> Shock-1 CV-P-016 Dr Ummara yousaf( demo)	<b>Pharmacology</b> Drugs for cardiac failure CV-Ph-004 Dr. Sana/ dr zainab	<b>Biochemistry lecture</b> Vitamins Cv- Dr Fauzia	<b>Physiology lecture</b> Dead space & its types, dead space ventilation, Alveolar ventilation, minute respiratory volume Dr.Raheel R-P-004
Wednesday 23-9-26	Physio (C) Clinical examination of chest/Finger pulse oximeter Dr.Amna Histology (Revision) Dr. Kashif		<b>Physiology Lecture</b> Shock-2 CV-P-016 Dr. Ummara yousaf ( demo)	<b>Physiology Lecture</b> Pulmonary volume and capacities Dr.Tayyab R-P-003	<b>SGD physiology ( dr. Amna, dr imran, dr rizwana, dr saniya)</b> <b>Under supervision of Dr. Rizwana Hussain</b>	
Thursday 24-9-26	<b>Formative assessment of histology (CVS &amp; respiratory system)</b>		<b>Physiology Lecture</b> Right and left sided cardiac failure Dr.usman	<b>Pathology</b> Pathophysiology of shock CV-Pa-004 Dr. Ayesha hameed	<b>Physiology Lecture</b> Pulmonary ventilation, pulmonary circulation, pulmonary edema, pleural fluid Prof. Dr. Rizwana Hussain R-P-005, R-P-006	
Friday 25-9-26	<b>Formative assessment</b> <b>Bio chemistry</b>		<b>Clinically integrated with medicine</b> Shock dr. Faizan	<b>CSIM</b> Examination of chest for heart sounds Dr. Faizan		
Saturday 26-9-26	<b>Physiology lecture</b> Principles of gaseous exchange Dr.Usman R-P-007		<b>Physiology</b> Humoral control of circulation Prof. Dr. Rizwana Hussain	<b>Physiology</b> Venous return & its regulation Prof. Dr. Rizwana Hussain	<b>Clinically integrated with pulmonology</b> FEV1/FVC in asthma, COPD, restrictive lung disease and pulmonary embolism R-P-003	<b>Clinically integrated with pediatrics</b> Infant respiratory distress syndrome (RDS) R-P-002

**9th Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, (28 Sep to 3 October, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 28-9-26	Physiology (A) Determination of pulmonary volume & capacities (spirometry) Dr.Usman	Tea Break	<b>SDL</b>	<b>Physiology Lecture</b> Respiratory membrane & factors affecting it. Re-P-007 Dr.Umara	<b>Physiology lecture</b> Respiratory changes during exercise Re-P-019 Dr.saniya Re-p-019	<b>Community Medicine</b> Common risk factors of ARI with emphasis on smoking, Preventions of ARI at community level (role of vaccines, vitamins) Re-CM-001 Dr zara zaheer
Tuesday 29-9-26	Physiology (B) Determination of pulmonary volume & capacities (spirometry) Dr.Usman		<b>Physiology Lecture</b> Transport of Carbon dioxide, Haldane effect Re-P-010 Prof.Dr.Rizwana	<b>Pathology</b> Pathophysiology of TB, Pneumonia (viruses & bacteria) Re-P-020, Re-P-021 Dr.Waqar Azeem	<b>Physiology lecture</b> Ventilation perfusion ratio Re-P-011 Prof.Dr.Rizwana	<b>Biochemistry lecture</b> Vitamins Cv- Dr Fauzia
Wednesday 30-9-26	Physio (C) Determination of pulmonary volume & capacities (spirometry) Dr.Usman		<b>Biochemistry lecture</b> Vitamins Cv- Prof.Dr Uzma Jabbar	<b>Pharmacology</b> Pharmacology Mechanism action & adverse effects of cough suppressants drugs Re-Ph-001 Dr. Sana/ dr zainab	<b>Formative Assessment</b> <b>CVS: chapter Gyton 14,15,16</b> <b>Resp: chapter Gyton 37,38, 39</b>	
Thursday 01-10-26	<b>Physiology Lecture</b> Nervous control of respiration Dr. Tayyab R-P-017, R-P-017		<b>Physiology Lecture</b> Oxygen Hb curve, Bohr effect, CO poisoning Dr.Tayyab Re-P-009	<b>Pathology</b> Pathophysiology of emphysema, COPD, cystic fibrosis Re-Ag-002 Dr.Waqar Azeem	<b>Physiology Lecture</b> Lung function test (emphasis on obstructive & restrictive lung disease) Dr.Khadija kiran	
Friday 2-10-26	<b>Physiology</b> Respiratory diseases COPD, oxygen therapy, artificial respiration Dr.Saniya		<b>Clinically integrated with medicine</b> Dr.Faizan Sleep apnea, cyanosis, dyspnea, Respiratory failure	<b>Clinically integrated with medicine</b> Dr. Faizan Re-P-026, 027 & 028 T.b, pneumonia, asthma, bronchitis		
Saturday 3-10-26	<b>Formative assessment</b> <b>CVS: Gyton Chapter: 17,18,19,20</b>		<b>Biochemistry SGD</b> Under supervision of Prof.Dr Uzma		Clinically integrated with surgery Pneumothorax, pleuritis Dr.Farhan	Clinically integrated with surgery ABC in a trauma patient Dr.Farhan Tahir

**10th Week TIME TABLE FOR 1<sup>st</sup> YEAR MBBS, GMC, (5-10 October, 2026]**

Days	8:00-9:30	9:30-10:00	10:00-11:00	11:00-12:00	12:00-01:00	1:00-2:00
Monday 5-10-26	Physio (A) Cardiopulmonary resuscitation (CPR) Dr.Saniya	Tea Break	<b>Physiology Lecture</b> Hypoxia and its types Re-P-018 Dr.usman	<b>Physiology Lecture</b> aviation physiology, acclimatization at high altitude, acute & chronic mountain sickness Dr.Saniya Re-p-014	<b>Pharmacology</b> Mechanism action & adverse effects of anti histamines drugs Re-Ph-002 Dr.Sana/Dr.Zainab	<b>Community Medicine</b> Effects of air pollutants on respiratory system Re-CM-002 Dr zara zaheer
Tuesday 6-10-26	Physio (B) Cardiopulmonary resuscitation (CPR)  Dr.Saniya	Tea break	<b>Biochemistry lecture</b> Vitamins Cv- Prof. DrUzma Jabbar	<b>Pathology</b> Role of age on respiratory clearance, microbiological basis of ARI in cold weather & old age Dr.Waqar Azeem Re-Ag-001	<b>Pharmacology</b> Mechanism action & adverse effects of anti asthmatics drugs Re-Ph-003 Dr.Sana/Dr.zainab	<b>Community medicine</b> Burden of respiratory diseases (Epidemiology) Dr.Zara Zaheer Re-CM-003
Wednesday 7-10-26	Physio (C) Cardiopulmonary resuscitation (CPR)  Dr.Saniya	Tea break	<b>Community medicine</b> Common respiratory diseases related to occupation Dr.Zara Zaheer Re-CM-004	<b>Behaviour sciences</b> (Psychiatry) Psycho-social aspects of psychogenic cough, psychogenic dyspnea & respiratory diseases Re-BHS-001,Re-BHS- 002,Re-BHS-003 Dr.Khurram Najeeb	<b>Formative assessment</b> <b>CVS: Gyton chapter 21,22,23,24</b> <b>Resp: Gyton chapter 40, 41,42</b>	
Thursday 8-10-26	<b>Revision lecture</b> Transport of oxygen, oxygen-Hb curve, Bohr effect Dr.Tayyab	Tea break	<b>Obstructive Vs restrictive lung diseases</b> Dr.Khadija Kiran		<b>Biochemistry SGD</b> <b>Under supervision of Prof.Dr Uzma Jabbar</b>	
Friday 9-10-26	<b>SDL</b>	Tea break	<b>SGD (PBL scenario of asthma, restrictive lung disease, ventilation/perfusion ratio</b>			

**11<sup>th</sup> week Time Table for MSK BLOCK 1<sup>st</sup> Year MBBS (12-17 Oct , 2026)**

<b>DAYS</b>	<b>8:00 to 09:30</b>	<b>9:30 to 10:00</b>	<b>10:00 to 11:00</b>	<b>11:00 to 12:00</b>	<b>12:00 to 1:00</b>	<b>1:00 to 2:00</b>
<b>MONDAY 12-10-26</b>	<b>ASSESSMENT WEEK</b>					
<b>Tuesday 13-10-26</b>						
<b>Wednesday 14-10-26</b>						
<b>Thursday 15-10-26</b>						
<b>Friday 16-10-26</b>						
<b>Saturday 17-10-26</b>						